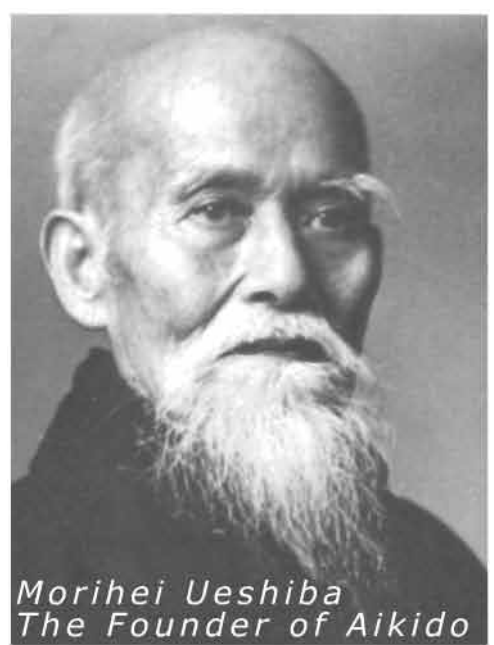


Lancashire

Aikikai



Morihei Ueshiba
The Founder of Aikido

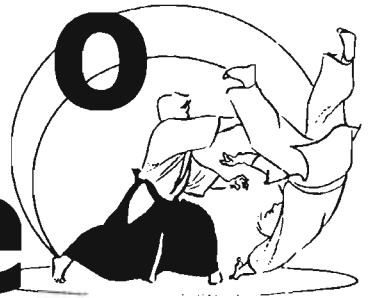


<http://www.aikidomon.org.uk>



Keith Downs Memorial

Aikido Course



Amlwch Sports Centre

Pentrefelin, Amlwch, Anglesey LL68 9TH

Sunday 10th June, 2018

10:00 - 15:00

*Lancashire Aikikai Principal, Bob Spence Sensei,
Senior LA Instructors*

Course Registration from 09:30

Please bring proof of Aikido Insurance, Day insurance available

Course Fee £10 plus a voluntary donation

Proceeds from this Memorial Course will be donated to

Prysor Ward Stroke Unit, Ysbyty Gwynedd (Bangor Hospital)