

CHORLTON AIKIDO

Learn a Martial Art, Improve Fitness

Wednesdays from 7:30pm to 9:30pm

St Ninian's Church Hall, Wilbraham Road, Chorlton

Contact 0161 861 8456

Hywel Nicholas 2nd Dan, Qualified BAB Coach

Aikido is suitable for both men and women of all ages and physical ability.

Beginners Welcome

£12 (£9 Concession) for first 4 weeks – includes Insurance for the Year

Thereafter £5.00 (£4.00 concession) per session
£18 (£14.50 concession) monthly

Wear loose clothing e.g. Jogging Pants and T-shirt