

# Lancashire Aikikai

## Weekend Course 3rd,4th,5th March 2017

Ribby Hall Holiday Village, Wrea Green  
Blackpool PR4 2PR

Further details and location map:  
[www.lancashireaikikai.org/ribby.html](http://www.lancashireaikikai.org/ribby.html)



### Bob Spence, 6th Dan, Principal of the LA

Supported by other Senior Instructors

Dates	Times
Friday (pm only)	1.30 pm - 4.30 pm
Saturday	9.30 a.m -12.00 noon 1.00 pm - 3.30 pm
Sunday	9.30 a.m -12.00 noon 1.00 pm - 3.30 pm

Please arrive at least 30 minutes early at the start of the day for mat laying and registration



COST	LA	Other
Single a.m. or p.m.session	£12	£15
Day	£22	£28
Full Weekend	£40	£50

Concessions 50%

**Friday NO CHARGE if booked as part of full weekend**

You will need to bring proof of valid BAB insurance with you. For non-BAB members, insurance and temporary membership is available at an additional cost of £5

There will be a course meal on Saturday evening (visitors welcome). Book via email with menus on LA website

Any queries contact Wendy:  
[ribby@lancashireaikikai.org](mailto:ribby@lancashireaikikai.org)  
0161 449 7474

Please feel free to complement your training with the excellent facilities available on site at Ribby

Train for the whole weekend or select sessions to suit your family break

Ribby Hall offers cheap weekend breaks at this time of year on a self-catering basis. Please contact Ribby Hall direct Tel 0800 085 1717 [www.ribbyhall.co.uk](http://www.ribbyhall.co.uk)

There are also several Travel Inns within easy distance

