

# Lancashire Aikikai

## Weekend Course 2nd,3rd,4th March 2018

Ribby Hall Holiday Village, Wrea Green Blackpool PR4 2PR

Further details and location map: [www.lancashireaikikai.org/ribby.html](http://www.lancashireaikikai.org/ribby.html)



Course led by Senior Instructors of Lancashire Aikikai

Dates	Times
Friday (pm only)	1.30 pm - 4.30 pm
Saturday	9.30 a.m -12.00 noon 1.00 pm - 3.30 pm
Sunday	9.30 a.m -12.00 noon 1.00 pm - 3.30 pm

### Sat 1.00-2.15pm Demonstration by LA Club members

Please arrive at least 30 minutes early at the start of the day for mat laying and registration

You will need to bring proof of valid BAB insurance with you. For non-BAB members, insurance and temporary membership is available at an additional cost of £5

There will be a course meal on Saturday evening (visitors welcome). Book via email with menus on LA website

COST	LA	Other
Single a.m. or p.m.session	£12	£15
Day	£22	£28
Full Weekend	£40	£50

Concessions 50%

### Friday NO CHARGE if booked as part of full weekend

Please feel free to complement your training with the excellent facilities available on site at Ribby.Hall for the whole weekend or select sessions to suit your family break

Ribby Hall offers cheap weekend breaks at this time of year on a self-catering basis. Please contact Ribby Hall direct Tel 0800 085 1717 [www.ribbyhall.co.uk](http://www.ribbyhall.co.uk)

There are also several Travel Inns within easy distance

Any queries contact Wendy:  
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