

For distribution to all in LA Putting agreed matters into effect

AMC Outcome Note

The Aikido Management Board recently met.

Following a meeting with Mimuro Sensei (Technical Director) and subsequent meeting of the Aikido Management Board (AMB), the Lancashire Aikikai has decided to fully align our grading system with the Hombu Grading syllabus as published on the Aikikai Foundation's website. So, the 6th Kyu grade has been removed and weapons no longer form part of a grading till 2nd Dan.

Basic Skills Record replacing the 6th Kyu Grading

With the "6th Kyu" grade being ruled out the first grade starts at "5th Kyu" The AMB considers its too long a time before a beginner gains recognition. AMC consider this gap needed bridging and so we are implementing a Skills Record to allow monitoring of progress.

The skills are on a tick sheet which includes basic movements, partner exercises, ukemi and delivering attacks.

The record allows students to demonstrate that they can confidently perform specific skills without hesitation; within their training. It has been left up to individual Club Leaders how they administer the process and use the new Form which can be downloaded here as a [pdf](#) or [docx](#) or ([Zipped docx](#)) (also at the end of this Note)

It's important to note that this is not a test but rather a way to show progress. It has been left up to individual Club Leaders how they administer the process and use the new Form.

Hombu gradings from 5th Kyu+ are unchanged and more detail can be found on the LA Website www.lancashireaikikai.org/technical/grading.html

Weapons

Weapons will no longer be tested on gradings.

Senior LA DG's were unanimous in their views, at the recent AMB meeting, that an understanding of weapons, thru training and how they link to the body art, were essential for Aikido development and understanding of Budo.

Club Leaders will be free to explore weapons system, as long as they are taken from the core references of Senseis; Mucha, Saito, Chiba and Mimuro.

Weapons will be introduced into general courses going forward and form part of training in Club sessions as they have done in the past.

AMB will be giving further consideration, in 2025, to the delivery of weapons on courses with CPG and how we ensure instructors have the appropriate level of knowledge to teach weapons.

Andrew
Chair of AMB

Basic Skills Record

Name _____

| |
|--------------|
| Club Logo |
|--------------|

| Activity | Standard Reached (Tick) | Comment |
|--------------|----------------------------|---------|
| Ukemi | | |
| Forward | | |
| Rear | | |

| | | |
|-----------------|--|--|
| Footwork | | |
| Irimi Ashi | | |
| Tsugiashi | | |

| | | |
|-------------------|--|--|
| Tai Sabaki | | |
| Tenkan | | |
| Irimi Tenkan | | |

| | | |
|------------------------------|--|--|
| Katatedori Gyakuhanmi | | |
| Tenkan | | |
| Irimi | | |
| Kaiten | | |

| | | |
|------------------------|--|--|
| Attack Delivery | | |
| Shomen | | |
| Yokomen | | |
| Tsuki | | |

Dojo Cho _____

Date completed _____

Well done

Club _____