

## Likely to be call for in Dan Gradings

Ikkyo to Yonkyo	omote and ura	Shomen
Suwari Waza	ikkyo omote x 2 / ura x 2	Shomen
Suwari Waza	yonkyo omote x 2 / ura x 2	Shomen
Katadori	nikkyo	
Ushiro Ryotedori	sankyo	
Yokomen	ikkyo omote x 2 / ura x2	
Yokomen	yonkyo omote x 2 / ura x 2	
Katatadori	shihonage omote x 2 / ura x 2	
Ryotedori	shihonage	
Hanmihandachi Katatadori	shihonage	
Hanmihandachi Ryotedori	shihonage	
Shomen	iriminage	
Shomen	kotegaeshi	
Katatadori	iriminage	
Yokomen	iriminage	
Tsuki	kotagaeshi	
ONE MINUTE BREAK		
Shomen	any technique	
Katatadori	any technique	
Morotedori	jujinage	
Katadori shomen	any technique	
Katadori shomen	ikkyo	
Katatadori kubi shime	any technique	
Ushiro Ryotedori	Kokyu nage	
Morotedori	tenchinage	
Morotedori	any technique	
Suwariwaza (zagi)	Kokyu ho	

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The techniques listed below are likely to be called for:-

- Katadori shomenuchi - kokyunage, kotegaeshi, shihonage.
- Katate dori ushiro irijime - kokyunage and ikkyo.
- Ushiro daikikae - bear hug from behind - just kokyunage

Sensei we understand will be teaching techniques in the classes and course that he expects to see in the examination, particularly his (Yamaguchi's) Nikkyo and sankyo and that his teaching would emphasise fundamentals - tenkan, irimi, omosa, ikkyo to yonkyo

Collated March 2024 and added to May/June 2024

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